AP465 – Substance Abuse Procedure for Intercollegiate Athletics

Associated Board Policy: 465.00

Procedure Owner: Athletic Director

Related Procedures:

I. Procedure Scope and Purpose

The Department of Athletics at Cowley College believes that it has the responsibility of providing each student-athlete with a program that addresses their specific needs. To address those needs in the area of substance abuse, we have adopted a program that includes the following components below.

The primary purposes of the substance abuse program are as follows:

- 1. To educate student-athletes as to the risks and dangers of substance abuse.
- 2. To prevent any substance use and/or abuse by Cowley College student-athletes.
- 3. To identify student-athletes in need of counseling services for substance abuse and assist such student-athletes in obtaining the necessary support services.

The Athletic Director, Head Athletic Trainer, and Assistant Athletic Trainer, hereafter called "Administration" are responsible for administering the substance abuse program. Administration shall meet at least monthly during the months of August to April of each academic year. Meetings shall be held upon call of the Athletic Director, and either oral or written notice of the specific date and time will be given to the Head Athletic Trainer and the Assistant Athletic Trainer. Administration shall at all times maintain the integrity of the substance abuse program and the privacy of the student athlete.

Along with the Administration, the coaching staff shall be responsible for informing the student-athletes about the substance abuse program. The student-athletes shall be presented with the entire substance abuse policy with specific attention to methodology, substances of consideration, and sanctions for violations of said policy.

Compliance with the substance abuse program is mandatory for all student-athletes who participate in any intercollegiate athletics at Cowley College. The conditions of the policy begin with the signing of the "Informed Consent" form and continue throughout the athlete's eligibility and participation at Cowley College.

II. Substances of Consideration

- 1. Amphetamines
- 2. Barbiturates
- 3. Benzodiazepines (Valium, etc.)

- 4. Cocaine
- 5. Opiates (Heroin, Morphine, etc.)
- 6. THC (Marijuana)
- 7. PCP
- 8. Propoxyphene
- 9. Methadone
- 10. Methaqualone

III. Methodology

Substance abuse screening of student-athletes may be conducted at any time. Selection of student-athletes for substance abuse screening may occur in any of the following ways:

- 1. Random selection as determined by the Administration.
- 2. Individual screening upon reasonable suspicion of a problem, at the request of the Athletic Director, Head or Assistant Athletic Trainer, and/or Head Coach.
- 3. Screening of an entire team of student athletes in a particular sport, upon reasonable suspicion of a problem at the request of the Athletic Director, Head or Assistant Athletic Trainer, and/or Head Coach.
- 4. Student-Athletes who had been charged with alcohol violations by law enforcement, Campus Security, or Cowley College residential life staff.
- 5. Any student who had a positive drug test will be subject to follow-up drug testing.

The Head Athletic Trainer and/or Assistant Athletic Trainer will be responsible for the supervision of collection of individual specimens, and the maintenance of a documented "chain of custody" to ensure the identity and integrity of all specimens collected.

The results of the substance abuse test will be reported to the Athletic Director. All records of the results of individual screening will be maintained in a locked file in the Head Athletic Trainer's office. No individuals other than those specified in this policy will have access to the results of the test of any student-athlete. Any release of substance abuse test information will be subject to guidelines of the Family Educational Rights and Privacy Act of 1974, Buckley Amendment.

In order to ensure compliance with this policy, student-athletes referred to the Executive Director of Student Services are required to sign an authorization to release protected health information from the Executive Director of Student Services to Administration. This authorization shall remain active for the duration of their involvement in counseling or other support services. Information to be released to Administration shall include appointment schedule, attendance, progress, and recommendations.

IV. Sanctions

First Positive Test:

The Head Athletic Trainer and/or Assistant Athletic Trainer will notify the student-athlete, Athletic Director, and Head Coach of a positive test result. Administration will notify the Executive Director of Student Services to begin individual counseling. Students will be mandated to meet with the Executive

Director of Student Services for a **one-hour assessment session** within two weeks of the violation and parents/guardians of the athlete will be notified. The Executive Director of Student Services will decide if an on-going treatment program is needed and report back to the Administration of the mandate completion. If a student fails to complete the mandated appointment with the Executive Director of Student Services, they will be subject to suspension or removal from their athletic team.

Second Positive Test:

The Head Athletic Trainer and/or Assistant Athletic Trainer will notify the student-athlete, Athletic Director, and Head Coach of a second positive test result. Administration will notify the Executive Director of Student Services to begin individual counseling. Students will be mandated to meet with the Executive Director of Student Services for **five hours of mandatory drug treatment counseling sessions** within two weeks of the violation and parents/guardians of the athlete will be notified. The Executive Director of Student Services will decide if an on-going treatment program is needed and report back to the Administration of the mandate completion. If a student fails to complete the mandated appointment with the Executive Director of Student Services, they will be subject to suspension or removal from their athletic team.

Third Positive Test:

A third positive test for drugs will result in immediate dismissal from the athletic team and possible loss of scholarship.

It will be the responsibility of each Head Coach to impose any further sanctions other than those stated in the Substance Abuse Policy.

V. Effective Date(s)

This procedure first became effective: July 21, 2008

Revised on: January 17, 2023

VI. Signature and Title

This procedure is implemented by:

Title: Athletic Director